

## WEBSITES:

- *Graham's Foundation*: <http://grahamsfoundation.org>
- *Hand to Hold* : <https://handtohold.org>
- *Inspire: Premie Support Group*: <https://www.inspire.com/groups/preemie>
- *Kayla Aimee Writes blog*:  
<http://kaylaaimee.com/category/adventures-in-preemie-parenting-a-blogumentary>
- *March of Dimes*: <https://marchofdimes.org/nicu-initiatives>
- *NICU Healing*: <http://www.nicuhealing.com>
- *NICU Helping Hands*: <http://www.nicuhelplinghands.org>
- *NICU Parent Network*: <http://www.nicuparentnetwork.org>
- *Papas of Premies*: <https://www.facebook.com/PapasOfPremies>
- *Premie World*: <https://premieworld.com/>
- *Postpartum Support International*: <https://www.postpartum.net>
  
- *Diagnosis-specific parent education handouts*: <https://www.nicu-pet.com>

## BOOKS:

- *NICU Journal: A Parent's Journal* from the American Academy of Pediatrics
- *Understanding the NICU* published by the American Academy of Pediatrics
- Additional titles are listed on the UAMS NICU website:  
<https://uamshealth.com/nicu/resources>

## SIBLING SUPPORT:

- Gifts for a NICU Sibling: <https://www.charliesguys.org/charliespals>

*If you have found other books, websites, or resources that may be helpful for NICU parents or siblings, please e-mail [sepeoples@uams.edu](mailto:sepeoples@uams.edu) and share*